



Restless

4 Wall 32-count line dance

Beginner +



1. CROSS, KICK, TRIPLE STEP, CROSS, KICK, TRIPLE STEP, CROSS, KICK, TRIPLE STEP

- Cross R over L and tap, kick R foot fwd **1,2**
- Triple step R, L, R **3&4**
- Cross L over R and tap, kick L foot fwd **5,6**
- Triple step L, R, L **7&8**
- Cross R over L and tap, kick R foot fwd **1,2**
- Triple step R, L, R **3&4**

2. EXTENDED WEAVE TO THE RIGHT

- Cross L over R, step R to side, step L behind R, step R to side **1,2,3,4**
- Cross L over R, step R to side, step L behind R, step R to side **5,6,7,8**

3. ROCK, RECOVER, TRIPLE STEP, ROCK, RECOVER, TRIPLE STEP, MILITARY TURN HALF RIGHT, PADDLE TURN HALF RIGHT

- Rock fwd on L, step back on R, triple step L, R, L **1,2,3&4**
- Rock back on R, step fwd on L, triple step R, L, R **5,6,7&8**
- Step L fwd, pivot 180° R *changing weight to R* **1,2**
- Step L fwd, pivot 90° R *changing weight to R* **3,4**

4. LEFT SHUFFLE, RIGHT SHUFFLE, VINE LEFT WITH SCUFF

- Shuffle fwd L, R, L, shuffle fwd R, L, R **1&2,3&4**
- Step L to side, step R behind L **5,6**
- Step L to side, scuff R fwd **7,8**

Choreo.: Jacqui Van der Helm, Sydney, Australia

Music: Restless Shelby Lynne

