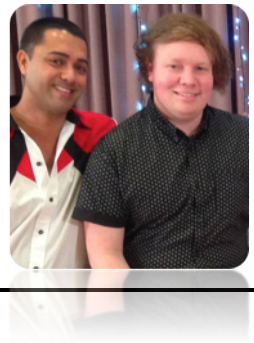


# FREE

**Choreographers:** Adrian Lefebour & Travis Taylor (April 2014)  
**Counts:** 64 **Walls:** 2 **Level:** Intermediate Level Cha Cha Line Dance  
**Music:** Free by Rudimental ft Emili Sande (3:36min)  
**Album:** Home



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## 32 Count Intro:

### **Step Fwd, Side Rock, Cross Samba, Fwd Rock, Back Lock Back**

1-2-3 Step fwd on R, Rock L to L side, Replace weight on R  
4&5 Cross L over R, Rock R to R side, Replace weight on L

#### **Note: Travel Counts 1-5 fwd**

6-7 Rock fwd on R, Replace weight on L  
8&1 Step back on R, Lock/Cross L over R, Step back on R (12:00)

### **1/2, 1/4, Sailor Step, Behind, Side, Cross Shuffle**

2-3 1/2 L Step L fwd, 1/4 L Step R to R side (3:00)  
4&5 Step L behind R, Step R to R side, Step L to L side  
6-7 Step R behind L, Step L to L side  
8&1 Cross R over L, Step L together, Cross R over L

### **Side Rock, Behind 1/4 Fwd, Rocking Chair**

2-3 Rock L to L side, Replace weight on R  
4&5 Step L behind R, 1/4 R Step R fwd, Step L fwd (6:00)  
6-7 Rock fwd on R, Replace weight on L  
8-1 Rock back on R, Replace weight on L

### **Step, Turn, Step, Back, Drag, Hold, Coaster Step, Ball Step**

2-3 Step fwd on R, 1/2 L Pivot weight on L  
4 1/2 L Step back on R (6:00)  
5-6 Step back on L whilst starting to drag R towards L, Hold for Count 6 (Continuing drag)  
7&8&1 Step back on R, Step L together, Step fwd on R, Step L together, Step fwd on R \*R\*

### **Pivot Turn, Cross Side Behind Sweep, Hold, Tuck, Step Lock Step**

2-3 Step fwd on L, 1/4 R Pivot weight on R (9:00)  
4&5-6 Cross L over R, Step R to R side, Step L behind R whilst starting to sweep R around, Hold  
7 Step/Lock/Tuck R behind the L foot (getting ready to turn into 7:30)  
8&1 1/8 L Step fwd on L, Lock R behind L, Step fwd on L (7:30)

### **Fwd Rock, 1/2 Shuffle Fwd, Step Spiral, Step Lock Step**

2-3 Rock fwd on R, Replace weight on L  
4&5 1/2 R Step fwd on R, Step L together, Step R fwd (1:30)  
6-7 Step L fwd (Prep), Spiral a Full turn R while leaving weight on L (R foot should end hooked)  
8&1 Step fwd on R, Lock L behind R, Step R fwd (1:30)

### **Side Rock, Cross Back Back, Cross, Back, 1/4 Side Shuffle 1/4**

2-3 Rock L to L side, Replace weight on R (straighten/square up on 3:00)  
4&5 Cross L over R, Step R to R side, Step back on L  
6-7 Cross/Lock R over L, Step back on L,  
8&1 1/4 R Step R to R side, Step L together, 1/4 R Step R fwd (9:00)

### **Step, Turn, Side Shuffle, Back Rock, Step Lock Step**

2-3 Step L fwd, 1/2 R Pivot weight on R (3:00)  
4&5 1/4 R Step L to L side, Step R together, Step L to L side  
6-7 Rock back on R, Replace weight on L  
8& Step fwd on R, Lock L behind R

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\* There is only 1 Restart in this dance, during Wall 2 On Count 32& (12:00)

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