

# Poison (Bluegrass/Country)

**MUSIC:** BR5-49 Album Dog Days Time 3:56

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**LEVEL:** Easy Intermediate

**SEQUENCE:** INTRO A B C A B C D B\* BREAK END

**INTRO:** Wait 32 counts Left foot lead

**COUNTS CUE**

**Intro**

16 Clogover Rolling L & R

**Part A**

4 Twisty Four

4 Rocking Chair 1/4 L

4 Rocker

4 Fancy Double

**48 Repeat 2 more times**

4 Twisty Four

4 Rocking Chair 1/4 L

**Part B**

8 MJ Rocker 1/2 L

8 Long Time

**16 Repeat**

**Part C**

8 High Horse

8 Samantha

8 Cowboy

4 Joey

4 Jog Step

**Part A**

4 Twisty Four

4 Rocking Chair 1/4 L

4 Rocker

4 Fancy Double

**48 Repeat 2 more times**

4 Twisty Four

4 Rocking Chair 1/4 L

**COUNTS CUE**

**Part B**

8 MJ Rocker 1/2 L

8 Long Time

**16 Repeat**

**Part C**

8 High Horse

8 Samantha

8 Cowboy

4 Joey

4 Jog Step

**Part D**

4 Twisty Four

4 Rocking Chair 1/4 L

**24 Repeat 3 more times**

**Part B\***

8 MJ Rocker 3/4 L

8 Long Time

**24 Repeat 3 more times**

**Break**

Wait approx 8 counts after music starts

8 4 basics

**End**

8 High Horse

8 Samantha

8 Cowboy

4 Joey

4 Jog Step



**APPROVED**  
14<sup>th</sup> May 2013

Step descriptions for: **POISON**

**CLOGOVER ROLLING** (ots) (xif) (ots) (xib)  
 DS DS DS [DS DS](fullR) DS RS  
 L R L R L R L RL  
 &a1 &a2 &a3 &a4 &a5 &a6 &a7 &8

**TWISTY FOUR** (ots) (xif) (ots) (xib) (ots) (xif)  
 DS DS BA BA BA BA  
 L R L R L R  
 &a1 &a2 & 3 & 4

**ROCKING CHAIR** (f)  
 DS BR H [DS RS](1/4L)  
 L R L R LR  
 &a1 & 2 &a3 &4

**ROCKER** RS DS DS RS  
 LR L R LR  
 &1 &a2 &a3 &4

**FANCY DOUBLE** DS DS RS RS  
 L R LR LR  
 &a1 &a2 &3 &4

**MJ ROCKER** (xib) (ots) (1/2L)  
 DS DS RK S PVT S RS DS DS RS  
 L R L R L RL R L RL  
 &a1 &a2 & 3 & 4 &5 &a6 &a7 &8

**LONG TIME** (xif) (xif) (xif) (xif) (xif) (xif)  
 (P) STO RS STO RS STO RK STO RS STO RS STO  
 R LR L RL R L R LR L RL R  
 & 1 &2 & 3& & 4 & 5& 6 &7 &8

**HIGH HORSE** (xif) (x) (ots) (xif) (f)  
 DS DT SL DT SL BA BA HD/BA SL DS DS RS  
 L R L R L R L L/R R L R LR  
 &a1 &a 2 &a 3 & 4 & 5 &a6 &a7 &8

**SAMANTHA** (xif) (bk) (bk)  
 DS DS DR S DR S RS DS DS RS  
 L R R L L R LR L R LR  
 &a1 &a2 & 3 & 4 &5 &a6 &a7 &8

**COWBOY** (xif) (xif) (bk)(xif) (bk) (xif) (bk) (bs)  
 [DS DS DS BR H](fwd) DS [RK S RK S RK S](bk)  
 L R L R L R L R L R L R  
 &a1 &a2 &a3 & 4 &a5 & 6 & 7 & 8

**JOEY** (xib) (ots) (ots) (xib) (bs)  
 DS BA BA BA BA BA S  
 L R L R L R L  
 &a1 & 2 & 3 & 4

**JOG STEP** DS S S S S S S  
 R L R L R L R  
 &a1 & 2 & 3 & 4