

# LIPS ARE MOVIN

Level: Easy Intermediate

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Speed: Minus 5 % Clog Amp (95% Amazing Slow Downer)

Sequence: Intro A B C Break A B C Break Ending

Wait: 16 BEATS

## Intro (16)

12 3 Heel Swivels (L, R, L)

4 Triple

## Part A (32)

4 Mountain Goat

4 Rocking Chair

4 Basketball Turn & a Basic (1/2 L)

4 Heel Pull Basic

16 REPEAT

## Part B (32)

4 Kentucky Slur (L)

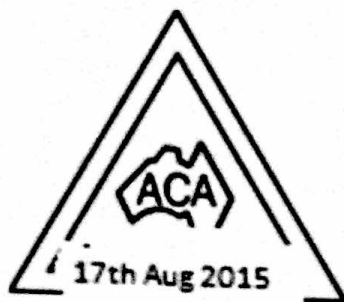
4 Chain (L)

8 2 Windsters

4 Kentucky Slur (R)

4 Chain (R)

8 Rebel Step



## Part C (64)

8 2 Stomp Doubles

8 2 Slur Basics (L & R)

8 Swayback

4 Jump Cross Turn (1/2 Left)

4 2 Pelvic Rolls (2 beats each)

32 REPEAT

## Break (32)

8 2 Heel Swivels (1/4 Left each)

4 Heel Swivel (No Turn)

4 Triple

16 REPEAT

## Part A (32)

4 Mountain Goat

4 Rocking Chair

4 Basketball Turn & a Basic (1/2 L)

4 Heel Pull Basic

16 REPEAT



## Part B (32)

4 Kentucky Slur (L)

4 Chain (L)

8 2 Windsters

4 Kentucky Slur (R)

4 Chain (R)

8 Rebel Step

## Part C (64)

8 2 Stomp Doubles

8 2 Slur Basics

8 Swayback

4 Jump Cross Turn (1/2 Left)

4 2 Pelvic Rolls (2 beats each)

16 REPEAT

## Break (32)

8 2 Heel Swivels (1/4 left each)

4 Heel Swivel (No Turn)

4 Triple

16 REPEAT

## Ending (60)

8 2 Stomp Doubles

8 2 Slur Basics

8 Swayback

4 Jump Cross Turn (1/2 Left)

4 2 Pelvic Rolls (2 beats each)

8 2 Stomp Doubles

8 2 Slur Basic

8 Swayback

4 Jump Cross Turn

## STEP EXPLANATIONS – LIPS ARE MOVIN'

### MOUNTAIN GOAT: (4)

DS BA(XIF) BA(OTS) BA(OTS) BA(XIF) BA(XIB) SL  
 L R L R L R R  
 &1 & 2 & 3 & 4

### BASKETBALL TURN: (2)

(P) S(FWD) ,PVT ( R) S  
 L R  
 & 1 & s2

### HEEL PULL BASIC: (4)

(P) H(WGT & FWD) PULL-S DS RS  
 L R R L RL  
 & 1 & 2 &3 &4

### KENTUCKY SLUR: (4)

DS- DR S(XIF) DS(OTS) SLR-S(XIB)  
 L L R L R R  
 &1 & 2 &3 & s 4

### WINDSTER: (4)

DS BR(XIF) SL BR(X) SL RS  
 L R L R L RL  
 &1 & 2 & 3 &4

### STOMP DOUBLE: (4)

(P) STO DS DS RS (CAN BE DR INSTEAD OF (P) AT START)  
 L R L RL  
 & 1 &2 &3 &4

### SWAYBACK: (8)

DS DT(XIF) H DT(X) H T-H(BK) R(BK)S DS DS RS  
 L R L R L RR L R L R LR  
 &1 & 2 & 3 &4 & 5 &6 &7 &8

### REBEL STEP: (8)

DS DS(XIF)-DR S(BK)-DR S(BK) R(BK) S(FWD) (P)(P)(P)(P)(P)(ONBEATS 6;7;8; SNAP FINGERS)  
 L R R L L R L R  
 &1 &2 & 3 & 4 & 5 & 6 & 7 & 8

### HEEL SWIVELS: (4)

HT-BA/BA(H'S L) H/H(T'S L) BA/BA(H'S L) H/H(T'S L) BA/BA(H'S L) H/H(T'S F) SL/LIFT  
 L L/R L/R L/R L/R L/R L/R L/R  
 & 1 & 2 & 3 & 4

### PELVIC ROLL: 4 (IN THIS DANCE, ROLL HIPS TWICE - 2 BEATS EACH)

ROLL YOUR HIPS IN A CIRCLE, ANTI-CLOCKWISE FOR 4 BEATS. NO FOOTWORK

### ROCKING CHAIR: 4

DS BR H DS RS  
 L R L R LR  
 &1 & 2 &3 &4

### BASIC: (2)

DS RS  
 L RL  
 &1 &2

### TRIPLE: (4)

DS DS DS RS  
 L R L RL  
 &1 &2 &3 &4

### CHAIN: (4)

DS RS RS RS (MVE L OR R)  
 L RL RL RL  
 &1&2&3&4

### SLUR BASIC: (4)

DS(OTS) SLR-S(XIB) DS RS  
 L R R L RL  
 &1 & 2 s &3 &4

### JUMP CROSS TURN: (4) TURN 1/2L IN THIS DANCE

(P) BA/BA(OTS) (P) BA/BA (R XIF L) PVT ( L) H  
 L/R L/R R  
 & 1 & 2 &3& 4