

## KICK UP YOUR HEELS

**Level:** Intermediate  
**Music:** Jessica Mauboy (feat. Pitbull)  
**Choreo:** Patti Koorneef, Fancy Shuffle Cloggers Bundaberg Qld  
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**Speed:** minus 5% (ASD) **Length:** 3:10  
**Sequence:** A Br1 Ch A Br1 Ch B2 Ch  
**Wait:** 16 beats

### Part A: (32)

8 3H21  
4 Strum  
4 Turkey Stomp (1/2 R)  
**16 Repeat to front**

### Break 1: (32)

8 Bop Turn & Double  
8 Norman Fancy  
8 2 Alabama (1/4 L ea)  
8 Heel Walk Swish (1/2 L)

### Chorus: (64)

8 Kick & Slip (fwd)  
4 Chasit (fwd)  
4 Triple (1/2 R)  
**16 Repeat to face front**  
  
4 Black Mountain (1/4 L)  
4 Bounce Touches  
8 Kicker Slur Up (1/2 R)  
4 Black Mountain (1/4 L)  
4 Bounce Touches  
8 MJ Finn

### Part A: (32)

8 3H21  
4 Strum  
4 Turkey Stomp (1/2 R)  
**16 Repeat to front**

8 Bop Turn & Double  
8 Norman Fancy  
8 2 Alabama (1/4 L ea)  
8 Heel Walk Swish (1/2 L)

### Break 1: (32)

### Chorus: (64)

8 Kick & Slip (fwd)  
4 Chasit (fwd)  
4 Triple (1/2 R)  
**16 Repeat to face front**

4 Black Mountain (1/4 L)  
4 Bounce Touches  
8 Kicker Slur Up (1/2 R)  
4 Black Mountain (1/4 L)  
4 Bounce Touches  
8 MJ Finn

### Break 2: (66)

8 Heather Step Brush (angle L)  
8 Swayback Pull (angle L)  
8 Heel Stomp Vine (1/2 L)  
8 2 Double Drag Basic  
**32 Repeat above**  
2 Back Step

### Chorus: (64)

8 Kick & Slip (fwd)  
4 Chasit (fwd)  
4 Triple (1/2 R)  
**16 Repeat to face front**

4 Black Mountain (1/4 L)  
4 Bounce Touches  
8 Kicker Slur Up (1/2 R)  
4 Black Mountain (1/4 L)  
4 Bounce Touches  
4 MJ Finn



**STEP INSTRUCTIONS FOR: 'KICK UP YOUR HEELS'**

**3H21: (8)**

[DS DS DS (P) HOP] (FWD) [RS RS DS RS] (BK)  
L R L L RL RL R LR  
&1 &2 &3 & 4 &5 &6 &7 &8

**STRUM: (4)**

DS DT(XIF) SL DT(X) SL DT(XIF) SL  
L R L R L R L  
&1 & 2 & 3 & 4

**TURKEY STOMP: (4)**

DR H-FL S(XIB) DS STO STO  
L R R L R L R  
& 1 & 2 &3 & 4

**BOP TURN & DOUBLE: (8) (IN THIS DANCE NO TURN)**

DS DT(XIF) SL DT(X) SL RS BR SL DS DS RS  
L R L R L RL R L R L RL  
&1 & 2 & 3 &4 & 5 &6 &7 &8

**NORMAN FANCY: (8)**

DS DS DS K SL RS K SL RS RS  
R L R L R LR L R LR LR  
&1 &2 &3 & 4 &5 & 6 &7 &8

**ALABAMA: (4)**

DS DT(BK) H TCH(BK) H BR SL  
L R L R L R L  
&1 & 2 & 3 & 4

**HEEL WALK SWISH: (8)**

DS DS H(WGT) H(WGT) RS H(WGT) H(WGT) RS DT-BA/BA(H-OUT) BA/BA(H-IN) SL  
L R L R LR L R LR L/R L/R R  
&1 &2 & 3 &4 & 5 &6 & 7 & 8

**KICK & SLIP: (8)**

(P) HOP/K (P) S (P) [S RS (P) S RS (P) S RS] (FWD)  
L R R L RL R LR L RL  
& 1 & 2 & 3 &4 & 5 &6 & 7 &8

**CHASE IT: (4)**

DS [SL S-SL S-SL S] (FWD)  
R R L L R R L  
&1 & 2 & 3 & 4

**TRIPLE: (4)**

DS DS DS RS  
R L R LR  
&1 &2 &3 &4

**BOUNCE TOUCHES: (4)**

BA TCH(XIF) BA TCH(XIF) (P) STO DS  
L R R L L R  
& 1 & 2 & 3 &4

**BLACK MOUNTAIN: (4)**

DS BA/HD(F) BA/HD(F) (P) BA/TT(BK) (1/4L) HD(F)/BA-SL  
L L/R L/R L/R L /R R  
&1 & 2 & 3 & 4

**KICKER SLUR UP: (8)**

DS (P) [K(OTS) RS(XIF) (P) K(OTS) RS(XIF)] (MOVE R) [DS RS SLR-LIFT/H] (1/2 R)  
L R RL R RL R LR L L/R  
&1 & 2 &3 & 4 &5 &6 &7 & 8

**MJ FINN: (8)**

DS DS(XIB) R S(OTS) (P) S(XIB) R(BK) H(WGT) (TOE IN) FL (TOE OUT) TT(BK) FL(TOE IN) S RS  
L R L R L R L L R L R LR  
&1 &2 & 3 & 4 & 5 & 6 & 7 &8

**HEATHER STEP BRUSH: (8)**

DS BR(XIF) SL T-H(XIF) T-H(BK) T-H(BK) RS RS BR SL  
L R L R R L L R R LR LR L R  
&1 & 2 &3 & 4 & 5 &6 &7 & 8

**DOUBLE DRAG BASIC(4)**

DS-DR S-DR S RS  
L L R R L RL  
&1 & 2 & 3 &4

**SWAYBACK PULL: (8)**

DS DT(XIF) H DT(X) H T-H(BK) R(BK) S DS R HD(FWD) PULL-S  
L R L R L R L R L R L R  
&1 & 2 & 3 &4 & 5 &6 & 7 & 8

**BACK STEP: (2)**

DS LOOP-S(XIB)  
L R R  
&1 & 2

**HEEL STOMP VINE: (8)**

DS DS(XIF) DS(OTS) H(WGT) PVT (1/2 L) S (P) STO (P) STO DS RS  
L R L R L R L R LR  
&1 &2 &3 & 4 & 5 & 6 &7 &8