

Dance I'M ALRIGHT
 Artist JO DEE MESSINA
 Choreo John Bishop & Karen Wilkinson (aus)
 Level Intermediate
 Wait 18 beats
 Order A B C A D C A B D E A B F D C G

PART A

MJ Twist (1/2 L)
 Karate (1/2 L)
 Lori Basic

PART B

Crazy Step (F)
 2 Flea Flickers (Bk)
 Rock-A-Way Turkey

PART C

2 Double Steps

PART A

MJ Twist (1/2 L)
 Karate (1/2 L)
 Lori Basic

PART D

Cinnamon Roll
 2 Basics
 Triple (1/2 R)
 Cinnamon Roll
 2 Basics
 Triple (1/2 R)
 Rocking Chair

PART C

2 Double Steps

PART A

MJ Twist (1/2 L)
 Karate (1/2 L)
 Lori Basic

PART B

Crazy Step (F)
 2 Flea Flickers (Bk)
 Rock-A-Way Turkey

PART D

Cinnamon Roll
 2 Basics
 Triple (1/2 R)
 Cinnamon Roll

PART E

2 Basics
 Triple (1/2 R)
 Rocking Chair
 Clogover Vine (1/4 L)
 2 Half Appalachians (Bk)
 Basic (1/4 R)

PART A

Samantha (Full R)

PART A

MJ Twist (1/2 L)

PART B

Karate (1/2 L)
 Lori Basic
 Crazy Step (F)
 2 Flea Flickers (Bk)
 Rock-A-Way Turkey

PART F

Rock-A-Way Turkey

PART D

Cinnamon Roll
 2 Basics
 Triple (1/2 R)
 Cinnamon Roll

PART B

Triple (1/2 R)
 Rocking Chair

PART C

2 Double Steps

PART G

2 Pivot Chains (Full)
 2 Clogvine Walks (L&R)
 Flange Slur Up

STEP DESCRIPTION

MJ TWIST (1/2 L on PVT)

DS DS R S PVT S R S DS DT TW TW SL
 L R(xib) L R(ots) R L R L R L L & R R
 &1 &2 & 3 & 4 & 5 &6 & 7 & 8

KARATE (1/2 L on PVT)

DS K PVT P S K/DR SL
 L R L R L/R R
 &1 & 2 & 3 & 4

LORI BASIC

DS DT H DS R S
 L R L R L R
 &1 & 2 &3 & 4

CRAZY STEP

DS DS DS DR/K SL R S DS R S K/DR SL
 L R L L/R L R L R L/R R
 &1 &2 &3 & 4 & 5 &6 & 7 & 8

FLEA FLICKER

DT H DS
 L R L(xib)
 & 1 &2

ROCK-A-WAY TURKEY

R Hdig Tflap S DS R S
 L R(ots) R L(xib) R L R
 & 1 & 2 &3 & 4

CINNAMON ROLL

DS SLR S DS DS SLR S Pse Hdig SLR S DT H
 L(1/4R) R(xib) R L(1/4L) R(1/4L) L(3/4L) L R(ots) L(xib) L R L
 &1 & 2 &3 &4 & 5 & 6 & 7 & 8

CLOGOVER VINE (1/4 L ON RS)

DS DS DS DS DS DS DS R S
 L R(xif) L R(xib)L R(xif) L R L
 &1 &2 &3 &4 &5 &6 &7 & 8

HALF APPALACHIAN (MOVE Bk)

DS DR S S DR S S
 R R L R R L R
 &1 & 2 & 3 & 4

PIVOT CHAIN (turn on 3 R S)

DS R S R S R S
 L R L R L R L
 &1 & 2 & 3 & 4

CLOGVINE WALK

DS TCHH S DS TT S DS TCHH S DS R S
 L R(xif) R(xif) L R(xib) R(xib) L R(xif) R(xif) L R L
 &1 & 2 &3 & 4 &5 & 6 &7

FLANGE SLUR UP

Pse S DS/FLA SLR(rvs from Bk to F) BR Lift/SL
 L R(xif)/L L L L/R
 & 1 &a2 & a 3

ABBREVIATIONS

L	left foot	R	right foot	DT	double toe	DS	double step	R S	rock step	BA	ball of foot	SL	slide forwards	DR	drag backwards
BR	brush	BO	bounce	STA	stamp	STO	stomp	P	pause	PVT	pivot	K	kick	T	toe
H	heel	TCH	touch	TT	touch toe	TCHH	touch heel	S	step	FLA	flange	SLR	slur	CLK	click together
XIB	cross in back	XIF	cross in front	OTS	out to side	BS	beside	Hdig	heel dig	Hop	hop	XBA	cross back & around		
DIAG	diagonally	TOG	together	SK	skuff forward	Slap	slap toe down	LOP	loop leg around behind	BLK	bell kick (click heels together in air)				
Tflap	flap toe down	DR(pop)	pop toe down while dragging back			()	further explanations			/	separates simultaneous movements (except turns)				