

ALL ABOUT THAT BASS

LEVEL: Intermediate

MUSIC: Meghan Trainor

LENGTH: 3:09 Mins

CHOREO: Josh "Clogdog" King (Victoria, Australia)

SPEED: Normal

Visit www.theclogdog.com for cue sheets & videos!

SEQUENCE: CH - VERSE - BRIDGE - CH - 1/2 VERSE - BRIDGE - BREAKOUT - CH - CH - 1/2 BRIDGE

WAIT: Start after "Because you know it's..." LEFT FOOT LEAD

Beats Movement

Beats Movement

Beats Movement

<p>CHORUS (32 beats)</p> <p>8 That Bass</p> <p>8 Rock Cross & Shake</p> <p>8 That Bass</p> <p>8 Rock Cross & Shake</p> <p>VERSE 1 (64 beats)</p> <p>8 Turkey Tap</p> <p>8 Stomp Burton Tumaround (3/4R)</p> <p>8 Turkey Tap</p> <p>8 2 Step Slur Brush (1/4L)</p> <p>8 Turkey Tap</p> <p>8 Stomp Burton Tumaround (3/4R)</p> <p>8 Turkey Tap</p> <p>8 2 Step Slur Brush (1/4L)</p> <p>BRIDGE (64 beats)</p> <p>8 4 Rock Latins (FWD)</p> <p>4 Half Rock Slur</p> <p>4 Triple (360R)</p> <p>8 4 Basics (Back)</p> <p>8 Windsternado</p> <p>8 4 Rock Latins (FWD)</p> <p>4 Half Rock Slur</p> <p>4 Triple (360L)</p> <p>8 4 Basics (Back)</p> <p>5 Short Windsternado</p> <p>3 Pause 3 beats</p>	<p>CHORUS (32 beats)</p> <p>8 That Bass</p> <p>8 Rock Cross & Shake</p> <p>8 That Bass</p> <p>8 Rock Cross & Shake</p> <p>1/2 VERSE (32 beats)</p> <p>8 Turkey Tap</p> <p>8 Stomp Burton Tumaround (1/2 R)</p> <p>8 Turkey Tap</p> <p>8 2 Step Slur Brush (1/2L)</p> <p>BRIDGE (64 beats)</p> <p>8 4 Basics Rock (FWD)</p> <p>4 Half Rock Slur</p> <p>4 Triple (360R)</p> <p>8 4 Basics (Back)</p> <p>8 Windsternado</p> <p>8 4 Basics Rock (FWD)</p> <p>4 Half Rock Slur</p> <p>4 Triple (360L)</p> <p>8 4 Basics (Back)</p> <p>5 Short Windsternado</p> <p>3 Pause 3 beats</p>	<p>BREAKOUT (32 beats)</p> <p>8 4 Booty Rolls</p> <p>8 4 Boogie Claps</p> <p>8 4 Booty Rolls</p> <p>8 4 Boogie Claps <i>(see notes re: alternates)</i></p> <p>CHORUS (32 beats)</p> <p>8 That Bass</p> <p>8 Rock Cross & Shake</p> <p>8 That Bass</p> <p>8 Rock Cross & Shake</p> <p>CHORUS (32 beats)</p> <p>8 That Bass</p> <p>8 Rock Cross & Shake</p> <p>8 That Bass</p> <p>8 Rock Cross & Shake</p> <p>1/2 BRIDGE (32 beats)</p> <p>8 4 Basics Rock (FWD)</p> <p>4 Half Rock Slur</p> <p>4 Triple (360R)</p> <p>8 4 Basics (Back)</p> <p>5 Short Windsternado</p>
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Step Explanations for: 'All About That Bass' - Choreo by: J. King

THAT BASS: (8)

(P) STO DS S S CLAP S S CLAP (P) TW/TW(H's L) (P) TW/TW(H's R) (P) (P)
L R L R L R L/R L/R
& 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

ROCK CROSS & SHAKE: (8)

RS(XIF) (P) (P) RS(XIB) (P) (P) [turn 1/2R] SHAKE SHAKE (P) (P)
LR SNAP LR SNAP (Hips to R)
& 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

TURKEY TAP: (8)

S(OTS) PULL(CLOSE) S(IB) R H-FLAP S(IB) H-FLAP S(IB) BR(FWD) BR(BK) S RS
L R R L R R L R R L R R R LR
1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

STOMP BURTON TURN AROUND: (8) in this dance turn 3/4 or FULL R

(P) STO DT(XIF) SL DT(X) SL [BA BA BA] (1/2R) S-DR-SL DS RS
L R L R L R L R L L L R LR
& 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

STEP SLUR BRUSH: (4)

(P) S SLR-S(XIB) DS BR SL
L R R L R L
& 1 & 2 & 3 & 4

ROCK LATIN: (2) -in this dance move fwd.

DS R(OTS) S(BS)
L R L
& 1 & 2

HALF ROCK SLUR: (4)

DS SLR-S(XIB) R S(F) SLR-S(XIB)
L R R L R L L
& 1 & 2 & 3 & 4

TRIPLE: (4)

DS DS DS RS
R L R LR
& 1 & 2 & 3 & 4

BASIC: (2)

DS RS
L RL
& 1 & 2

WINDSTERNADO: (8)

DS DT(XIF) SL DT(X) SL RS RS (P) (P) RS RS
L R L R L RL RL RL RL
& 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

SHORT WINDSTERNADO: (5)

DS DT(XIF) SL DT(X) SL RS RS
R L R L R LR LR
& 1 & 2 & 3 & 4 & 5

BOOTY ROLLS: (2)

(P) S(IF) PVT (1/4L) S (on the PVT roll your hips forward)
L R
& 1 & 2

BOOGIE CLAPS: (4)

(P) S(OTS) (P) TCH/CLAP CLAP (P) S(OS) TCH/CLAP
L R R L
& 1 & 2 & 3 & 4

NOTES:

On BREAKOUT:

Split the dancers in to 2 groups (every other person) as such:

1 2 1 2 1 2 1 2

#1's will do the 4 Booty Rolls, 4 Boogie Claps, 4 Booty Rolls, 4 Boogie Claps
#2's will do the 4 Boogie Claps, 4 Booty Rolls, 4 Boogie Claps, 4 Booty Rolls

BONUS! Alternate "TURKEY TAP" for start of 1/2 VERSE

SEXY TURKEY TAP: (8)

Circle hips for 4 ct - H-FLAP S(IB) BR(FWD) BR(BK) S RS
R R L R R R LR
1 - 2 - 3 - 4 & 5 & 6 & 7 & 8